

Family Worship Response

Elementary

Purpose: Sometimes, our fears, sadness or sin can make us feel trapped and helpless, similar to the way Paul and Silas might have felt when they were imprisoned. In today's worship response, you will have the opportunity to declare that God Delivers! Psalm 34:17 says, "The righteous cry out, and the LORD hears them; he delivers them from all their troubles." He desires to deliver you from the things of this world and the sin that overwhelms your heart. He offers freedom to you!

Supplies Needed:

- Construction or printer paper, cut into long slips (about 4-6 slips per child)
- Stapler or tape
- Markers or pens

Activity:

- Spend a moment in prayer and ask the Holy Spirit to help you see the places that you feel trapped. Maybe you feel trapped in your anger about what that one person said to you. Maybe you feel trapped by your fear of what will happen in the future. Maybe you feel trapped by the sin you keep doing. Ask the Holy Spirit to help you see.
- Once you have thought of something you feel trapped by, write it all over the slips of paper.
- Staple or tape the slips together, making a paper chain. See this week's lesson video for an example from Ms. Shayleen.
- Once you have your chain built, wrap it around your hands or feet, and when you're ready, declare out loud, "God delivers me from _____", and break the chain!!
- Thank the Lord for His faithfulness in delivering you from whatever you felt like was trapping you.

Family Discussion

Elementary

God Statement: God Delivers

Family Verse: *Psalm 34:17* "The righteous cry out, and the LORD hears them; He delivers them from all their troubles."

Blessing: May you know that God is your Deliver! Cast all of your anxieties, sins, fear, and anything else that concerns you on the Lord Jesus because He cares for you. As you confess these things to God, may you experience the freedom and joy that comes from forgiveness. Your loving Heavenly Father is always with you and for you.

Discussion Questions: *Acts 16:14-40* Look up all these verses in your Bible!

1. What is a missionary? *Acts 16:6, 10*
(Someone who is sent to preach the Good News about Jesus)
2. Why were Paul and Silas put in jail? *Acts 16:16-19*
(The men who made money from the demon-possessed slave girl lost their source of income when Paul commanded the demon to leave her in Jesus' Name.)
3. What did Paul and Silas do while they were in jail? *Acts 16:25*
(They prayed and sang hymns to God.)
4. What does the word *deliver* mean? *Psalm 34:17; 71:2*
(Rescue, Save)
5. How did God deliver Paul and Silas? *Acts 16:26-28, 33-35*
(God sent an earthquake, opened the prison doors, and released the chains; the Lord gave them favor: jailer cared for their needs; the officials let them go free.)
6. How does God deliver us from hard situations in our lives? *Romans 8:1,2; Ephesians 6:10; James 5:13-15*
(Jesus sets us free from sin and death; we need to be strong in the Lord and rely on Him; we need to pray and ask God for help.)
7. What things in your life do you need God as Deliverer? Share with your family and pray for these needs.

Prayer Time: Take time for prayer requests or praise reports (something you are thankful that God has done). Afterwards, take time to pray as a family.

Family Activity

Elementary

Purpose: Paul and Silas might have felt when they were imprisoned. In today's family activity, you will have the opportunity to FREE apples from water that represents that God Delivers! God offers freedom to you.

Supplies Needed:

- Buck to hold water (baby pools, big bowl, etc.)
- Water
- Apples
- Timer

Activity:

- Fill up your buck with water.
- Add as many apples as you feel best fits in the bucket.
- Set the timer for 30 seconds.
- Take turns trying to grab the apples out of the bucket with your mouth!
Remember, you only have 30 seconds!