

Family Activity Elementary

Jesus is Life: Seed Talk

John 11:25-26: "Jesus said to her, "I am the resurrection and the life. The one who believes in Me will live, even though they die; and whoever lives by believing in Me will never die. Do you believe this?"

Purpose:

Jesus' friend Lazarus was sick, but Jesus stayed less than a day's journey away until Lazarus died. When Jesus arrived, Martha met Him and asked why He didn't come sooner to heal her brother who had been in the tomb for four days. Jesus responded by telling her that life is found by believing in Him. And to show that Jesus had authority over death, He went to the tomb and raised Lazarus from the dead! Less than two weeks later, Jesus conquered sin sacrificing His own life and death by His resurrection. Jesus is the Author of Life and through faith in Him, we can have eternal life with God!

Foreshadowing His death, Jesus said: "I tell you the truth, unless a kernel of wheat is planted in the soil and dies, it remains alone. But its death will produce many new kernels—a plentiful harvest of new lives. (John 12:24). Our activity this week will illustrate that truth.

Supplies Needed:

- Seeds, dirt, water, and a container (empty egg carton works) or place to plant a seed
- Alternative: Any food with seeds like apples, oranges, watermelons, peppers, beans, raw sunflower seeds, etc.

Action:

Take a seed (either one you will plant or from food). As you look at the seed, ask your children these questions:

- Does the seed look anything like what it came from?
- What would happen if we just left the seed on the counter?
- Is the seed alive or dead?
- What does it take for this seed to "come alive"?
- How many (apples, peppers, beans) do you think this one seed could produce?

If you'd like, plant the seed in the soil, give it some water, place in a sunny area, and watch it grow!

Family Worship Response

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Purpose: Jesus is Life and when we trust Jesus as Lord, we no longer have to fear death. Jesus gives us eternal life and even when our body dies, we'll live forever with Him! As followers of Jesus, we need to thank Jesus for who He is and what He's done for us. Worshipping God is one way we can show our love for Him. Jesus said, "It is written: 'Worship the Lord your God and serve him only.'" (Luke 4:8)
Let's take time to praise Jesus for the life that He has given us.

Supplies for Activity: *for each person*

- Journal or piece of paper (an older person can write for younger children)
- Pen
- Play song: "Great Are You Lord" by All Sons and Daughters or other worship song.

Here's a link: <https://www.youtube.com/watch?v=2qUOHjnDIFs>

Activity:

- Find a quiet spot in the room to sit or stand alone.
- Play the song "Great Are You Lord" by All Sons and Daughters.
- As the song is playing, worship and praise Jesus for giving you life.
- Write down a prayer thanking Jesus for who He is and what He's done for you.

Family Discussion

Elementary

God Statement: Jesus is Life!

Family Verse: John 11:25-26a, "Jesus said to her, "I am the resurrection and the life. The one who believes in me will live, even though they die; and whoever lives by believing in me will never die."

Blessing: Family, may you see the abundant life that Jesus has available for you. May you always remember the sacrifice God gave you through his son so that you might have life! May you know that God alone has the power over death!

Discussion Questions:

1. Why did Jesus bring Lazarus back to life? (John 11:4, 41-42)
2. How would you have responded if you had seen Lazarus raised from the dead? (John 11:43-45)
3. Do you think seeing this would have changed your life? Why or why not?
4. Read John 10:10 with your family. What do you think Jesus means when he says, "... life to the full"?
5. How does Jesus' power over death affect our lives? (Ephesians 1:18-20; 2:1-5)
6. Have you decided to follow Jesus so you can live forever with Him? If not, would you like to?
7. How does Jesus's life, death, and resurrection impact your life?

Prayer Time: Take time for prayer requests or praise reports (something you are thankful that God has done). Afterwards, take time to pray as a family.